The DBT Foundational Training is designed specifically for mental health providers who are already members of an intensively-trained DBT team, but who have not completed Intensive training themselves. As part of the application process we require submission of the following:

1. Participant's Application
2. Confirmation of the Mentorship Agreement

The completion of both sections are required to review the participant's eligibility to attend the DBT Foundational Training.

Please note: You may not complete this application without providing the information below. Please have this information available before you begin the application. Your application will not be saved, so any information entered will be lost if you leave the application prior to full completion.

1. Application Fee Order # (to confirm payment). You should have received an email with this information.
   - If you have not paid for your application fee, please return to the Training's Details webpage to complete your order.

2. Information about when and how often your DBT Team meets

3. Information about the person who will serve as your mentor for the training, including:
   - Mentors email address
   - Which comprehensive DBT training they completed?
     - Training Name
     - Dates & Location
     - Instructors
     - Duration & frequency of your mentorship

4. Confirmation that you have reviewed the Mentorship Agreement with your mentor and that they have agreed to the terms.

You can access a PDF version of the required information here [Insert web link]. Paper applications will not be reviewed, so please return to this link when you have the required information to complete your application online.

* 1. I have the required information available to me to proceed with the application
   - Yes
Online Application:
Dialectical Behavior Therapy Foundational Training

Participant Application

* 2. For which DBT Foundational Training are you applying?

* 3. To confirm your Application Fee Payment, please provide the 5-digit Order #.
   * If you have not paid for your application fee, please return to the Training's Details webpage to complete your order.

* 4. This training is limited to individuals who are currently a member of an Intensively-Trained DBT Team. Of what DBT Team are you a member?

* 5. How long have you been a member of this team?
   - less than 2 months
   - 2 - 6 months
   - 6 - 12 months
   - Over 1 year

   Feel free to provide more explanation if you wish.

* 6. At what day and time does your DBT Team meet on a weekly basis?
   - Monday
   - Tuesday
   - Wednesday
   - Thursday
   - Friday
   - Saturday
   - Sunday

   Time (please include time zone):

7. For how many hours per week does your consultation team meet?
* 8. How often do you attend your consultation team?
   - [ ] 90 - 100%
   - [ ] 75 - 90%
   - [ ] 50 - 75%
   - [ ] Less than 50%

* 9. All Foundational participants must have an intensively-trained mentor on their DBT Consultation Team. Please provide the following information about your Mentor.

Name: ___________________________

Email Address: __________________

* 10. Which DBT comprehensive training did your mentor complete?
   - [ ] DBT Intensive Training
   - [ ] DBT Foundational Training
   - [ ] Other (please specify in the text box)

Please provide the **training dates, location, instructors' name**, and any other training related information.

* 11. What will be the duration and frequency of your mentorship (minimum of 1 year).

Dates of Mentorship: ___________________________

Anticipated Frequency of Contact with Mentor: ___________________________
Online Application:
Dialectical Behavior Therapy Foundational Training

**Personal Information**

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<th><strong>13. Discipline (required for CE/CME)</strong></th>
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14. List specific expectations you have for yourself in this training.

15. What other information would you like to provide in support of your application?
The Training Agreement requires your consent and agreement before you participate in the training. The form asks you to acknowledge that although DBT has empirical support regarding its efficacy, your clinical judgment is required in its application to particular settings and clients. The agreement also specifies how you are allowed to use the training materials supplied to you to train others in your setting.

1. I understand that although there is empirical evidence for the effectiveness of DBT, this evidence is not presented as a guarantee, either direct or implicit, of the efficacy and/or effectiveness of this treatment.

2. I understand that DBT is a complex, evidence-based treatment protocol, appropriate as a part of many treatment strategies; however, DBT may not be considered to be the current “standard of care” for any particular clinical population, and each practitioner must independently evaluate and use his or her own judgment in treating clients.

3. I understand that there are other treatments available for suicidal populations and that DBT is only one such treatment.

4. I agree to maintain strict confidentiality about participant, patient- or client-specific information that may be shared during this training. I agree to not discuss this information with anyone outside of the training room, nor say or do anything that compromises the participants’ or patient’s confidentiality.

5. I understand that by attending this training I may participate in the review of one or more confidential, video recordings of individual or group therapy sessions. If I happen to know any patient(s) in that video in any context, I agree to excuse myself from the room and not see the video.

6. I understand that Behavioral Tech, LLC (BTECH) has a strict policy prohibiting audio or visual recording for all aspects of training provided by BTECH trainings. I recognize and agree that recording without permission will result in a violation of patient confidentiality and may subject me to legal action.

7. I understand that the DBT Training Materials are provided by Behavioral Tech, LLC (BTECH) for the purpose of my own education and training to use in my own clinical practice.

8. I agree that the DBT Training Materials are Behavioral Tech’s intellectual property and are provided to me as a perpetual, revocable, non-exclusive, non-transferable, and non-sublicenseable license.

9. I agree that I will not copy, modify, duplicate, publish, or distribute the training materials provided by BTECH without the express written permission of BTECH.

10. I understand that I may not use the training materials provided by BTECH for the training of employees and staff in my home department, hospital, clinic or agency.

11. I agree that I will not accept compensation for presentations or training using the DBT Training
Materials without the express written permission of BTECH and the copyright holders of those materials.

12. I agree that any other use of the DBT Training Materials provided by BTECH for the Dialectical Behavior Therapy Intensive Training™, or sent to me as an alumnus of the Dialectical Behavior Therapy Intensive Training™, is prohibited without the express written permission of BTECH and the copyright holders.

13. I understand the copyrighted materials include, but are not limited to, audiovisual aids, handouts, and reprints.

* 16. Please confirm your acceptance of the training agreement.

☐ Yes, I have read and agree to accept all terms of the Training Agreement.
I grant to Behavioral Tech, LLC and/or the Linehan Institute the right to take photographs and videos of me in connection with the above identified event. I authorize Behavioral Tech, LLC and/or the Linehan Institute to copyright, use, and publish the same in print and/or electronically.

I agree that Behavioral Tech, LLC and/or the Linehan Institute may use such photographs of me with or without my name and for any lawful purpose, including publicity, illustration, advertising, and web content.

17. I have read and understand the information above.

☐ Yes, I grant the use of my image in pictures and videos

☐ No, I do not want my image to be used
NOTE TO MENTOR: We field many requests from individuals who are currently members of Intensively-trained DBT teams who did not have the opportunity to attend the Dialectical Behavior Therapy Intensive Training™ (“Intensive”) with their team. As a result, we offer the Dialectical Behavior Therapy Foundational Training™ (“Foundational”) that covers the standard content taught at the Part 1 of the Intensive. The Foundational is designed specifically for individual or skills therapists who are already members of an Intensively-trained team, but who have not completed intensive training themselves. Foundational participants are required to complete several of the homework assignments required in the Intensive, as well as the take-home DBT examination. It is expected that Foundational participants fully commit themselves to learning DBT content in order to receive certificates of completion for the training.

Foundational participants must currently be serving on a DBT Consultation Team that includes a member who has completed the Dialectical Behavior Therapy Intensive Training™ or other comprehensive DBT training. It is the responsibility of the Foundational participant and the team member to evaluate his/her qualifications to serve as a mentor. Comprehensive training in DBT includes:

- Training in the content of DBT
- Training in the process of establishing a DBT Consultation Team and Program

This team member must:

- Serve as a Mentor to the Participant
- Ensure that the Participant is oriented to their role on the DBT Consultation Team and is a functioning member of their team
- Confirm that the Foundational Participant has fulfilled all prerequisites to attend the Foundational training (see below)
- Meet with the Participant on a regular basis (outside of regular Consultation Team meetings) to provide support and corrective feedback as the Participant completes the required readings and homework
- Agree to serve as Mentor for a minimum of one year.

In order to attend a Foundational Training, a participant must complete the following prerequisites:

- Be a current member of an Intensively-trained team
- Be invested in learning DBT to a high standard in order to better implement the treatment in their usual settings. Participants agree to attend and fully participate in the entire training in a willing, committed manner.
- Meet weekly as part of a DBT consultation team
- Have learned DBT in one-day or two-day workshops and/or from self-guided study of the treatment manuals.


18. I attest that I have reviewed the Mentorship Agreement with my mentor, and they confirm and agree to the following:

- I am a member of my mentor’s DBT Consultation Team and meet at least weekly with the team.
- My mentor agrees to support, monitor, and provide feedback to me while I complete the DBT Foundational Training and homework.
- My mentor understands that this involves assisting me with meeting prerequisites and completion of homework assignments.
- My mentor agrees to provide BTECH with verification that my homework assignments have been completed within the required timeframe.

☐ Yes, I attest that I have reviewed the Mentorship Agreement with my mentor and confirm their agreement.
19. Please provide the following information regarding your tuition fee:

- [ ] I am paying my tuition fee.
- [ ] My agency is paying my tuition fee.

Please confirm the Payer’s Email Address.
If your employer/agency is paying please provide their name and email address.